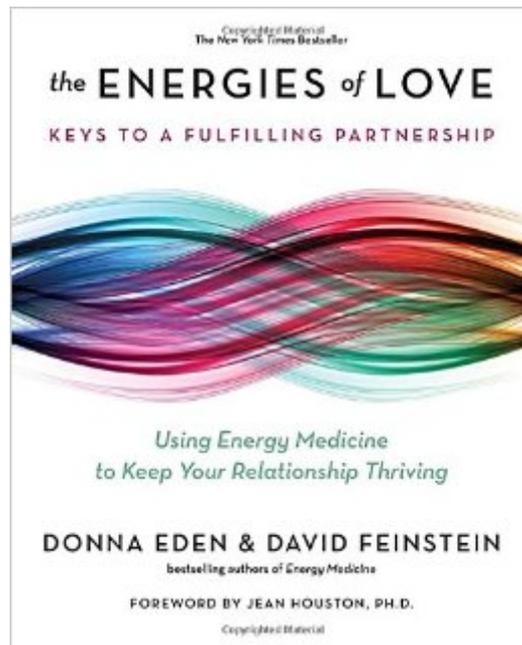


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The Energies Of Love: Invisible Keys To A Fulfilling Partnership



Synopsis

The bestselling authors of *Energy Medicine* and *Energy Medicine for Women* present a complete program for using energy medicine to heal and strengthen romantic relationships. A relationship begins with the meeting of two unique energies. This union of energies, though invisible, determines the way you communicate, fight, love, and want to be loved. In this groundbreaking book, the bestselling authors of *Energy Medicine* draw on the real-life experiences of couples who have attended their popular "Energies of Love" workshops, as well as their own experience as husband and wife, to show how an understanding of your energy system and that of your partner can help you build a more harmonious and loving bond. We all have different ways of making sense of the world around us, but when faced with conflict, especially with those we care most about, we tend to revert to one of four "Energetic Stress Styles":

- Visuals are extremely passionate and inspire others to care about the things they care about, but in moments of conflict, their take on the situation can overshadow what is actually occurring, undermining their ability to empathize with their partner.
- Kinesthetics are generous, compassionate, and accepting of other people, but their caring nature pulls them in too many directions. They try to meet others' needs at the expense of their own, which can cause mounting resentment.
- Digitals are rational and principled and have a gift for quickly understanding complex situations, but they can become closed to others' perspectives and feelings.
- Tonals have a gift for understanding others and their dilemmas, but during moments of conflict, their ability to read between the lines can morph into hearing what was never said, felt, or thought.

According to the authors, the strongest relationships are those in which the two parties feel that they are partners on a shared spiritual journey. By helping you better understand your own unique energy system, as well as that of your partner, you will be able to recognize your strengths as a couple—and avoid the pitfalls. *The Energies of Love* serves as a powerful resource for anyone who wishes to build a rich partnership while maintaining the spark that keeps a relationship exciting.

Book Information

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Customer Reviews

The Energies of Love is bound to become a relationship classic that maps the energy terrain of any relationship. We come into this world with our own inherited traits that attract us into relationships. How is this book different to millions of other love books? It's different because it's written by two people who had to work on staying together despite their "so called" apparent incompatibilities. Everyone has disagreements, says things they don't mean, feels things they don't know what to do with. Everyone gets lost in the stresses of life with all its demands and outside influences. We innately protect ourselves and sometimes hurt the one we love and who loves us. This book is written with the insights of their other books (Energy Medicine, Energy Medicine for Women and Energy Psychology) and life work. Donna Eden and David Feinstein have an uncanny way of writing books that provide "real tools" that you can start using the minute after you read a sentence. Learn what your energy stress style is, and how to understand it so you don't "sink your love boat" or "drown with your own life saver" choking you. The other caveat that cannot be overlooked in this body of work is an acknowledgment of the use of energy exercises. Real hands-on tools that have been taught all over the world that have healed the mind, body and souls of people who have read and practice Eden Energy Medicine. Donna innately understands and can teach how energy bodies want to evolve and David is a methodical collector, gifted interpreter and bridge to how understanding these energies, that he admits he cannot see, cannot only hold a relationship together but repair it's wounds and let it strive and thrive.

There are few books that guide you through the post honeymoon phase. The honeymoon phase is self supporting, with new hormones of first attraction being released, one only sees what they desire to see. The rest is left to wade through when the initial fire becomes steady burning embers. Somehow, it seemed like we had to figure it out alone or be labelled as a failure. That is, until now. More specifically since the release of "The Energies of Love" book. Many have a tendency to analyse the difficulties, and put a spot light on the differences, as though you will never overcome

such, sadly. Finally, a book to truly assist you to work through the difficult passage, and hold on to valuable relationships, rather than taking a dualistic view and separating. So many people in the world are intrinsically unique, and many powerful and special unions could form and remain so through the assistance of The Energies of Love. I met Donna Eden many years ago, whilst attending her energy workshop at the Mind, Body, Spirit Festival in London. I knew she had something special then. I feel her new book truly shares her gifts fully. Perhaps every couple should be gifted this book upon marriage! So many go through so much needlessly, and it is such a shame. Differences should make for a more powerful union, as in the opposite forces of yin and yang. Exactly matching energetic unions do not have something different to offer, thus the level of expansion must surely become reduced. My own union is two very different people coming together:- two strong minds and energies. Thanks to this beautiful and timely book, we are able to move fearlessly beyond the honeymoon period, and create a fabulous life together.

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